

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS**

- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #28 – "Sandy the Snob," May 15, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-sandy-the-snob>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #27 – "Ellery the Yeller," May 01, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-ellery-the-yeller>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #26 – "Dan the Detail Boss," April 15, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-dan-the-detail-boss>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #25 – "Bill the Big Picture Boss," April 1, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-bill-the-detail-boss>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #24 – "Peter the Pig," March 18, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-peter-the-pig-axe>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #23 – "Phoebe the Phony," March 04, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #22 – "Betty the Battle Axe," February 11, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #21 – "Wade the One Upper," January 27, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-wade-the-oneupper>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #20 – "Michael the Micromanager," January 06, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-michael-the-micromanager>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #19 – "Porter the Political Soap Boxer," October 16, 2010  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-porter-the-political-soap-boxer>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #18 – "Sal the Slave Driver," September 27, 2010  
<http://blog.ebosswatch.com/2010/09/coping-with-a-toxic-boss-sal-the-slave-driver/>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #17 – "Ned the Negligent," September 10, 2010  
<http://blog.ebosswatch.com/2010/09/coping-with-a-toxic-boss-ned-the-negligent-boss>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #16 - "Phil the Philanderer," August 27, 2010  
<http://blog.ebosswatch.com/2010/08/coping-with-a-toxic-boss-phil-the-philanderer-when-you-have-to-cover-for-your-boss-affair/>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #15 – "Cynthia the Silent Treatment Torturer," August 13, 2010  
<http://blog.ebosswatch.com/2010/08/coping-with-a-toxic-boss-cynthia-the-silent-treatment-torturer>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #14 – "Bobby the Boss's Relative," July 30, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-bobby-the-boss-relative>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #13 – "Vernon the Verbal Abuser" July 16, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-vernon-the-verbal-attacker>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #12 – "Donald the Deal Maker," July 02, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-donald-the-deal-maker>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #11 – "Nancy the Narcissist," June 18, 2010  
<http://blog.ebosswatch.com/2010/06/coping-with-a-toxic-boss-nancy-the-narcissist>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #10 – "Al the Alcoholic," June 06, 2010  
<http://blog.ebosswatch.com/2010/06/coping-with-a-toxic-boss-al-the-alcoholic>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #9 – "Ian the Idea Stealer," May 24, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-ian-the-idea-stealer>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #8 – "Susie the Sugar Coater," May 07, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-susie-the-sugar-coater/>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #7 – "Greta the Gossip," April 16, 2010  
<http://blog.ebosswatch.com/2010/04/coping-with-a-toxic-boss-greta-the-gossip>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #6 – "Clayton the Clueless," April 05, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-clayton-the-clueless>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #5 – "Paula the Passive-Aggressive," March 19, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-paula-the-passive-aggressive>
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #4 – "Carl the Control Freak," March 05, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-carl-the-control-freak>
- Advance for Audiologist, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010  
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>
- Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010
- EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #3 – "Sewell the Sexual Harasser," February 19, 2010  
<http://blog.ebosswatch.com/2010/02/coping-with-a-toxic-boss-sewell-the-sexual-harasser>
- Recharger Magazine, "Assertiveness Techniques for Managers: Simple Steps Lead to Positive Dialogue, Positive Results," Page 58, February 2010
- Advance for Audiologists, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010  
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>
- EBossWatch.com, Twice monthly column, "Difficult Bosses – Column #2 – "Bashia the Back-Stabber," January 29, 2010  
<http://blog.ebosswatch.com/2010/01/coping-with-a-toxic-boss-the-back-stabber/>
- Leadership Excellence Magazine, January 2010
- Tri-Cities Area Journal of Business, "Assertive Techniques Can Help Clear Communication Cloudiness," January 2010  
 Pages 30 and 32; <http://www.tricitiesbusinessnews.com/current-issue/>
- EBossWatch.com, Twice monthly column, "Difficult Bosses – Column #1 – 'Dick the Dictator', January 15, 2010  
<http://blog.ebosswatch.com/2010/01/coping-with-a-toxic-boss-dick-the-dictator/>
- My Article Archive, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 22, 2009  
<http://www.myarticlearchive.com/articles/9/294.htm>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

Exchange Magazine for Business/Economic Development/Entrepreneurs, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 16, 2009

<http://www.exchangemagazine.com/morningpost/2009/week51/Wednesday/121609.htm>

Pacific Business News, Honolulu, HI, *In My Opinion*, "Maybe This Is Why You're Not Getting That Promotion," June 6, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Teamwork Essential When Facing Cutbacks in Staff," April 25, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Don't Let Frugality Poison Your Workplace," April 18, 2008

Pacific Business News, Honolulu, HI, *In My Opinion*, "Gain Valuable Time By Managing Your Commute," April 4, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Want Results? Have Clear Benchmarks For Your Workplace Goals," April 4, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Good Will Begins With Paying Employees for Volunteer Work," March 20, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Toxic Workplace? Now's the Time to Find a Job You Can Love," February 29, 2008

Business First of Buffalo, Buffalo, NY: *The Doctor Is In*, "Healthy Employees and Higher Productivity," February 22, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Use Time Effectively Going To and From Work," February 22, 2008

Pacific Business News, Honolulu, HI, *In My Opinion*, "[Beware of These Pitfalls When Working From Home](#)," January 25, 2008

Portland Business Journal, Portland, OR, *The Doctor Is In*, "Working From Home Requires Distinct Mindset, Strategy," January 18, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Money Not the Only Way to Hand Out Rewards for Workers," January 11, 2008

Forbes Online, Home Page, "Lessons From Beatles Producer Sir George Martin on How To Be Successful," January 11, 2008, [www.forbes.com](http://www.forbes.com)

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Helping Society, Building Business Can Coincide," December 14, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/12/17/smallb6.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Unhappy with Your Job? Choose To Make a Change," November 16, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/19/smallb6.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Do the Polite, Right Thing: Return Emails and Phone Calls," November 9, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/12/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Protect Yourself From Potential Harassment Encounters at Work," November 2, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/05/smallb5.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Take Immediate Action to Stop Sexual Harassment at Work," October 26, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/10/29/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Stop Workplace Sexual Harassment or Get Sued for Millions," October 19, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/10/22/smallb4.html>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Blackouts at Work – Handling Addicts, Alcoholics in the Office,” October 5, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/08/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “You Don’t Get a Second Chance to Make a First Impression,” September 28, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/01/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “If You Don’t Like Your Job, Do Something about It,” September 21, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Go to the Pros When Family Business Begins To Fall Apart,” September 7, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/09/10/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Mixing Marriage, Business – Couples Must Set Rules to Successfully Live, Work Together,” August 24, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/08/27/smallb1.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Family Business” August 17, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/08/20/smallb2.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Ensure Your Receptionist Makes a Good Impression,” July 27, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/07/30/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Make Stress Work for You” July 20, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/07/23/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “More Tips to Cope With Stress,” June 22, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/25/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Only You Have the Power to Control Stress Levels,” June 15, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/18/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Technology and Change – How to Sail in Troubled Waters,” May 25, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/28/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Interns and Mentors – Make It a Win/Win Solution,” May 18, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Don’t Let Procrastination Immobilize Your Business,” May 4, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/07/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Start a Recycling Program to Help Businesses, Individuals and The Planet,” April 27, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/04/30/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Violence in the Workplace – How To Prevent It and Deal With It,” April 13, 2007, <http://orlando.bizjournals.com/orlando/stories/2007/04/16/smallb1.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Gatekeepers: Helping or Hurting Your Bottom Line,” March 23, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Sir George Martin: The CEO of the Beatles – Part 3,” March 2, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/03/05/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Sir George Martin: The CEO of the Beatles – Part 2,” February 23, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/02/26/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Sir George Martin: The CEO of the Beatles – Part 1,” February 16, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/02/19/smallb1.html>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Changing Your Business For The Better Is Easier Than you Think," January 19, 2007, <http://orlando.bizjournals.com/orlando/stories/2007/01/22/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Set Goals for the New Year That Are Reasonable, Achievable," December 29, 2006, <http://orlando.bizjournals.com/orlando/stories/2007/01/01/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Start the New Year Off Right by Evaluating How Your Workplace Operates," December 22, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/12/25/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Keep Your Expectations Reasonable Enough To Enjoy the Holidays," December 15, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/12/18/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Be Tactful, Clear, and Firm in Handling Workplace Disruptions," June 2, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/06/05/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Greed: It's One of the Seven Deadly Sins for a Reason," February 24, 2006
- Great Relationships™ Manual: A Guide to Share Yourself with Your Partner*, We Publish Books, Rancho Mirage, CA, December 2005
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Be Proactive in Dealing With Drug, Alcohol Abuse Issues," December 30, 2005, <http://orlando.bizjournals.com/orlando/stories/2006/01/02/smallb2.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Lack of Integrity Sets Stage for Corporate Collision," September 2, 2005 <http://orlando.bizjournals.com/orlando/stories/2005/09/05/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Attitude Makes the Difference," June 3, 2005 <http://orlando.bizjournals.com/orlando/stories/2005/06/06/smallb2.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Hire Competent Staff," April 8, 2005 <http://orlando.bizjournals.com/orlando/stories/2005/04/11/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Martha's Lessons Learned in Jail," February 18, 2005 <http://orlando.bizjournals.com/orlando/stories/2005/02/21/smallb1.html>
- "Why I Am Happy To Be Living Life," in *Wake Up... Live the Life You Love*, edited by Steven E and Lee Beard, Little Seed Publishers, Laguna Beach, CA, 2003  
[http://books.google.com/books?id=5gdKdjRQY2EC&pg=PT112&lpg=PT112&dq=%E2%80%9CWhy+I+Am+Happy+To+Be+Living+Life,%E2%80%9D+in+Wake+Up%E2%80%A6++Live+the+Life+You+Love+in+nda+Durre&source=bl&ots=9rppswIsPF&sig=L7ci-NCiUr66JBzYJxxHUUBRGM&hl=en&ei=MGSkS-PhI8eXtgeoI6WhCg&sa=X&oi=book\\_result&ct=result&resnum=2&ved=0CAoQ6AEwAQ#v=onepage&q=&f=false](http://books.google.com/books?id=5gdKdjRQY2EC&pg=PT112&lpg=PT112&dq=%E2%80%9CWhy+I+Am+Happy+To+Be+Living+Life,%E2%80%9D+in+Wake+Up%E2%80%A6++Live+the+Life+You+Love+in+nda+Durre&source=bl&ots=9rppswIsPF&sig=L7ci-NCiUr66JBzYJxxHUUBRGM&hl=en&ei=MGSkS-PhI8eXtgeoI6WhCg&sa=X&oi=book_result&ct=result&resnum=2&ved=0CAoQ6AEwAQ#v=onepage&q=&f=false)
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "How To Survive the Holiday Chaos," November/December 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Let The Arts Enrich Your Life," October 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Party Hardy, But Smarty," September 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Creating Your Own 'I' Land," July/August 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "The Runner's High and the Athlete's Lows," May/June 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Our Beauty and Our Beast Year," March/April 2002

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "A Bright New Year," January/February 2002

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Stress Management," Summer 2001

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Time Management," Spring 2001

Art and Understanding Magazine, Albany, NY: "Viewpoint - Black Plastic Cover," October 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - The Final Curtain," May 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Youth-in-AIDS-ya," February 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Denial: It's Not a River in Egypt," January 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Better Late Than Never," June 1998

The W.H.O.L.E. Picture, ADD Digest, Crossroads Learning Center, Seattle, WA: "Family Systems Approach," September 1994

Holistic Health News, Seattle, WA: "Seasonal Affective Disorder," October 1994

Holistic Health News, Seattle, WA: "What is Holistic Therapy?" September 1994

"Comparing Romantic and Therapeutic Relationships," in *On Love and Loving*, edited by Kenneth Pope, Ph.D.,  
Jossey-Bass Publishers, San Francisco, CA: October 1980

"Off Ballance," Newsletter, Columnist, "The Bill Ballance Show," KFMB-AM Radio, San Diego, CA, 1985-1988

"Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993

"Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993

"Durre's Duress," Humor Columnist, Press-Republican, Plattsburgh NY, January - December 1993

*Sex Between Client and Therapist*. Book in progress.

*Great Relationships™ for Couples: How to Be Happy and Stay Happy*. Book in progress

*Great Relationships™ for Singles: How to Manifest Them/How to Keep Them*. Book in progress

Doctoral Dissertation: "Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation.  
California School of Professional Psychology, San Diego, CA: July 1977. Registered with University Microfilms.

*An Activities Handbook for Teachers of Young Children*, by Robert D. Hess, Ph.D. and Doreen Croft, which accompanied  
their textbook, "Teachers of Young Children," published by Houghton-Mifflin in 1972. I wrote the chapter introductions.

San Gabriel Valley Alternative, Review of Vincent Van Gogh Exhibition at LACMA, "He Really Does Look Like Kirk  
Douglas," November, 1969